



# VALLABHBHAI PATEL CHEST INSTITUTE

University of Delhi,  
Delhi - 110 007

## CIRCULAR

Ref.No. Admn-II/SNSPA/2025/ 983

Date: 15.09.2025

Sub: Day-wise Action Plan of Vallabhbhai Patel Chest Institute for organizing the Swasth Nari Sashakt Pariwar Abhiyaan from 17.09.2025 to 02.10.2025

Ref: Ministry of Health & Family Welfare, Govt. of India's circular letter No. Z.28015/206/2025-H-I (FTS: 8359988) dated 10.09.2025

With reference to the Ministry of Health & Family Welfare, Govt. of India's circular regarding organizing "Swasth Nari Sashakt Pariwar Abhiyaan" across all central government and line ministries' health institutions from 17.09.2025 to 02.10.2025, the competent authority has constituted a committee with Dr. Parul Mrigpuri, VPCI as Nodal Officer for the campaign. Accordingly, the following activities shall be organized by the committee as per date & time schedule shown below.

Date/ Day/Time & Venue	Event	Activity	Specialist	Resident Doctor and Nursing Officer
17-09-2025 Wednesday 11:00 AM  Gate No.1 premises of VPCI	Inauguration and Health Pledge by Director, VPCI			
17-09-2025 Wednesday  9:00 AM to 1:00 PM Gate No. 4 Kiosk, VPCI	Hypertension Screening	Free BP checkup and IEC Activity (Pamphlet Distribution & Education program)	Prof. B.K. Menon Dr. Sidharth Raj - Yadav	Dr. Himanshu Ms. Jaya Lakshmi
19-09-2025 Friday  9:00 AM to 1:00 PM Gate No. 4 Kiosk, VPCI	Lung Health Awareness Camp  Tuberculosis & Passive Smoking Awareness Outreach Camp	Yoga, Pranayama and IEC Activity (Pamphlet distribution & Education program)  Delhi University Girls College	Ms. Sapna Rawat Mrs. Abha Tripathi  Prof. Mandira Verma Basil Dr. Parul Mrigpuri	Dr. Diksha Ms. Veenu Minu

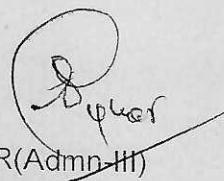


22-09-2025 Monday  9:00 AM to 1:00 PM Gate No. 4 Kiosk, VPCI	Asthma/COPD Screening and Awareness Camp  Tuberculosis & Passive Smoking Awareness Outreach Camp	Free Spirometry and Awareness on correct inhaler use  Delhi University Girls College	Dr. Nitin Goel Dr. Sonam Spalgais  Dr. Nitin Goel Dr. Sonam Spalgais	Dr. Sambhav Dr. Rajesh Mehta Dr. Kamal Singh Ms. Nili K Minz
24-09-2025 Wednesday  9:00 AM to 1:00 PM Gate No. 4 Kiosk, VPCI	Tuberculosis Screening and Awareness Camp  Tuberculosis & Passive Smoking Awareness Outreach Camp	Symptom screening, sputum for AFB and IEC Activity (Pamphlet distribution, Education program and distribution of Poshan Kits)  Delhi University Girls College	Prof. Mandira Verma Basil Dr. Parul Mrigpuri  Prof. Mandira Verma Basil Dr. Parul Mrigpuri	Dr. Asthaf Chaudhary Dr. Ann Ms. Usha Kumari
26-09-2025 Friday  9:00 AM to 1:00 PM Gate No. 4 Kiosk, VPCI	Diabetes Screening Camp  Tuberculosis & Passive Smoking Awareness Outreach Camp	Free RBS test and IEC Activity (Pamphlet distribution & Education program)  Delhi University Girls College	Dr. Sidharth Raj Yadav Dr. Vidushi Rathi  Dr. Sidharth Raj Yadav Dr. Vidushi Rathi	Dr. Suprit Dr. Himanshu Ms. Josily George
29-09-2025 Monday  9:00 AM to 1:00 PM Gate No. 4 Kiosk, VPCI	Awareness on Health Hazards of Passive Smoking  Tuberculosis & Passive Smoking Awareness Outreach Camp	IEC Activity (Pamphlet distribution, education program and Nukkad Natak)  Delhi University Girls College	Dr. Sidharth Raj Yadav Mr Shyam Dubey NTQLS TEAM  Dr. Sidharth Raj Yadav Dr. Vidushi Rathi	
01-10-2025 Wednesday  9:00 AM to 1:00 PM Gate No. 4 Kiosk, VPCI	Personal / Menstrual Hygiene Awareness	Hygiene kit distribution and IEC Activity (Pamphlet distribution and Education program)	Dr. Parul Mrigpuri Dr. Swati Mittal	Dr. Diksha Ms. Shivani



Daily Activities 17-09-2025 to 02-10-2025	Creating ABHA ID'S and Enrollment of Nikshay Mitra & Photo/Video recording & uploading of daily activities / data	Dr. Ravishankar
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This issues with the approval of the competent authority.

  
AR(Admn-III)

To:

1. Organizing committee members / concerned staff
2. PS to Director– for information of Director
3. PA to Dy. Registrar – for information of Dy. Registrar
4. All HoDs / Sectional In charges
5. AR(Admn-I) / AR-(Admn-II) / AR-(Admn-III)
6. Mr. Arun Kumar, JE (C) – for coordinating with the Nodal Officer for arrangements
7. All Notice Boards
8. Office copy
9. Master Copy